

Health



Awareness *Fair*

**Seasonal
flu shots
available**

*SPOUSES
WELCOME!*

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be available online.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

**You must complete a health questionnaire and schedule your screenings online
at: www.OneCommunity.com—passcode:county2014**

**Employees must participate in one of the following screenings to be
eligible for a discount on their 2015 Medical Premium.**

Appointments must be scheduled 48 hours prior to screening date.

DATE	LOCATION	TIME
Tuesday, September 30th	Admin Bldg, 1st floor Pros. Office	8:00am-4:30pm
Thursday, October 2nd	Courthouse Annex	8:00am-4:30pm
Tuesday, October 7th	Engineers	8:00am-4:30pm
Thursday, October 9th	Gary L Kron Facility	8:00am-1:00pm
Tuesday, October 14th	Juvenile Court	8:00am-4:30pm
Thursday, October 16th	Sheriff's Department	6:00am-4:30pm
Tuesday, October 21st	Job & Family Services	8:00am-4:30pm
Thursday, October 23rd	Job & Family Services	8:00am-4:30pm
Tuesday, October 28th	Lake Co. Planning Comm. 125 E Erie Street, side entrance	8:00am-3:30pm
Wednesday, October 29th	Admin Bldg, 1st floor Pros. Office	8:00am-Noon
Thursday, October 30th	Admin Bldg, 1st floor Pros. Office	8:00am-4:30pm

**Giveaways
&
Drawings!**

